

# Baltimore Spring

## Embellishment Techniques

Learn the basics of needle-turn applique and so much more! This class project will offer unusual embellishment techniques such as ruched flowers, yo-yo flowers, three dimensional highlights, and how to create little creatures. This class is for all skill levels.

## Basic sewing supplies

- \*Needles: #10 straw or applique
  - \*Fine pins (#17 ball point)
  - \*Marking Pencils (mechanical lead, white)
  - Glue stick (any kind)
  - \*Scissors (paper and embroidery)
  - \*Threads (shades of brown, pinks, greens, purple\*)
- Freezer paper  
Task light, light box, extension cord,  
Iron and ironing surface

\*Available at [www.cathyvb.com](http://www.cathyvb.com)



**\*Threads:** I prefer 60 wt. poly bobbin fill for an invisible stitch. If using cotton, embroidery 50 wt. is best.

**Kits will be needed for this class to keep from spending time on cutting. The \$20 kit will include the pattern, fabric, and embellishments.**

**NOTE:** The kit will have a beige, 15.5" x 15.5" background. You may use a background of your choice for a quilt in progress.

**Cathy Van Bruggen Designs**  
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